

Take One
FREE
Take One

HAZELWOOD HOMEPAGE



ONE OF PITTSBURGH'S GREAT NEIGHBORHOODS

Published by Hazelwood Initiative, 5344 Second Ave., Pittsburgh, PA 15207

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Hazelwood Unity Days Multicultural Artistry in Motion

Kelli D. Herd

A sultry Indian summer evening set the stage for another successful Unity Days' celebration. On September 7, 2007, the Hazelwood community honored its former and current acclaimed literary artists.

The evening was set in motion with an introduction by the Reverend Michael Murray and Hazelwood Initiative Executive Director Jim Richter. Former Hill District Councilman and local Actor Sala Udin gave a riveting recitation of the character Jim Becker from Wilson's play *Jitney*. Udin said that he and Wilson worked closely together and the two became good friends. Udin shared with the audience fond memories of Wilson

After Udin's performance, Poet Gerald Stern was recognized for his literary contributions and acclaim in the literary world. Richter delivered one of Stern's poem "The Dancing".

Anita Kulina Smith was there to receive her award for her work *Millhunks and Renegades—A Portrait of a Pittsburgh Neighborhood*. Frances Mlinaro also received an award for her contributions to journalism.

Rena Dixon accepted the award for her late husband Kenneth Glen Dixon for his musical achievements and contributions. Glen Dixon performed with The Caprells, a family band that was Pittsburgh's answer to the Jackson Five.

The Tracie York Dance got the audience members off their feet with Brazilian and African dance. And the musical sounds of The KRUNK Movement kept the energy flowing until the evening's end.



Sala Udin gives powerful rendition of Becker from August Wilson's *Jitney*



Young members of the COBRA's football league attend the Unity Days' Celebration.
(Please see the Letters to Editor Section for more)

Hazelwood Initiative, Inc.
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Community Development Block Grants



5344 Second Ave.
Pittsburgh, PA 15207

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NEXT DEADLINE
October 21st

HI Lites

Please join us for our next meeting, Tuesday, October 8, 2007 at 6:30 PM at the Car barn. Our guests that evening will be Andrew Butcher and Chris Koch from GTECH and Tim Kaulen from The Industrial Arts Coop.

The meeting was called to order at 6:35. Minutes were accepted from the September 11th General Membership Meeting. The Treasurer's Report was also approved.

Kris Di Pietro gave a summary of speakers scheduled for general membership meetings for the rest of the year. MRDC meetings have been changed to the 3rd Tuesday of every month. Next meeting September 18th, HI office at 6:30.

Joan McLaughlin spoke about Safe Halloween donations. The general membership will receive envelopes in their monthly mailing. Volunteers are needed prior to Halloween to help pack bags. Bags will be packed on Wednesday and Thursday before Halloween.

Block Club Reports:

Sam Strati- Riverside - Concern with Criminal Justice System and Safety in his neighborhood.

Monongahela/Marsden Block Club- Deloris Livsey. Update on summer events and upcoming projects.

Bill Widdows of the URA did a visual presentation titled Hazelwood Site Master Plan Update September 2007. The purpose of the Urban Design is to reconnect the rivers, urbanize the area, provide sustainability, financial and socioeconomic stability. Site sections are Greenfield Ave., Big Blue Building on LTV Site and Hazelwood Ave.

Community Planning Meeting

Monday October 15, 2007

6:30 - 8:00 PM

Car barn 5344 Second Ave.

Please join Carnegie Mellon's Urban Laboratory for an update on last month's meeting exploring design ideas for the future of the Hazelwood LTV site.

We are looking for your ideas and input about your neighborhood and how it should grow. Students from the School of Architecture will explore ideas for new housing, new public facilities and ways to integrate research and technology into a future neighborhood on the LTV brownfield. In the first of three community meetings, we will summarize our analysis of the neighborhood and discuss existing planning ideas for the site including its use for robotics research. Please join us.

Please contact Urban Laboratory Coordinator Jonathan Kline with questions: jonathak@andrew.cmu.edu

The KRUNK Movement CD Release

October 20, 2007

6 PM

Pittsburgh Center for the Arts

Located on the corner of 5th Avenue and Shady Avenue

\$10

Join us for an evening of jazz and hip hop performances!!

Sponsored by the Center for Life

Advertising in the Homepage can be a real bargain and help your business increase sales.

For more information on rates, call 412-421-7234.

Hazelwood Initiative, Inc. is always seeking new members. When you volunteer, you give part of yourself—your time, energy, skills and feelings. You give to your family and friends, to your neighbors, to your community.

Contributions to others and to community bring about feelings of self-fulfillment and the knowledge that a difference has been made.

Volunteering is more than just giving. You also reap personal benefits and enhance your personal growth.

If you are interested in becoming a member of Hazelwood Initiative, please give us a call at 412-421-7234 or stop by our next general membership meeting, October 8, 6:30 PM at the Car barn, 5344 Second Avenue.



Due to difficulty in the production of this month's newspaper, the Hazelwood Homepage may reach you later than we would like. We apologize for any inconvenience this may cause.

Get your Homepage faster!!

The Hazelwood Homepage is also available online at www.hazelwoodhomepage.com

Hazel wood Homepage

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Hazelwood Initiative, Inc.

(412) 421-7234

5344 Second Avenue

Pittsburgh, PA 15207

Volunteers are needed for the Communications Committee.

If you or anyone you know is interested, please call Kelli at 412.421.7234 or email hazelwoodeditor@yahoo.com.

Hazelwood Initiative, Inc. Mission Statement

Hazelwood Initiative, Inc., acts as a catalyst for the revitalization of the Greater Hazelwood community, provides leadership to create a healthy community, and serves as a community resource and advocate.



What's Up?

NOTICES CONCERNING YOUR NEIGHBORHOOD



The Hazelwood YMCA

SilverSneakers Program, is a low grade exercise program designed for the senior citizens. The program is year round from 10:00AM - 10:45AM, Mon. Wed. & Fri. For more information, please contact Lisa Reihl at (412) 421-5648 ext. 10.

Food Bank

The Food Pantry is a need-based program for low income families. The third Thursday of every month from 10:00AM - 12:00PM. Located at the Hazelwood YMCA, 4713 Chatsworth Ave. Please bring proof of income, address and ID.

Hazelwood YMCA Farmstand

Provides an accessibility to a variety of fresh fruits and vegetables to the residents and employees in the Hazelwood area. Accepts WIC and Senior FMNP vouchers as well as cash. Thursdays from 12 noon until 2:30PM. The Farmstand runs from June 14, 2007 until mid-November. The farmstand is here to serve the community and to bring a much needed service to local residents. We welcome comments and suggestions to better serve the community.

Hazelwood YMCA Senior Dance

Saturday, October 20, 2007
6:00 PM to 10:00 PM
4713 Chatsworth Avenue
Pittsburgh, PA 15207

If interested in starting NA/AA meetings at the Hazelwood YMCA, please contact Carole Jordan at (412) 421-5648 ext. 13.

Hazelwood Steeple Chase 5K Run and Walk

October 6, 2007
9am-11am

For more information see the ad on page 8 or call (412) 421-7234.

College Admissions Workshops

Thru December 31, 2010

Meet with college admissions expert Eva Gelman to learn how to simplify the College Admissions Process. All high school students and parents welcome. Please call 412-521-4723 or email collegequest@gmail.com for more information. College Quest guides students and families through the complexities of the college admissions process. Call today for upcoming programs or a free consultation.

Book 'Em - Pittsburgh's Books to Prisoners program seeks donations of dictionaries, how-to-draw books and African-American history and literature. Thomas Merton Center, 5125 Penn Avenue, Pittsburgh (Garfield). (412) 361-3022

www.thomasmertoncenter.org

Nar-Anon, a support group for families of people with drug addictions, meets each Wednesday at 7 PM. at the First Hungarian Reformed Church of Pittsburgh (221 Johnston Avenue). For more information, call Cindy T. at 412-421-7076 or Eleanore M. at 412-782-2210.

SeniorInterests is a program for persons 60 years and older provided by the City of Pittsburgh. In addition to recreation activities, services and programs especially designed for seniors are available at the Hazelwood Senior Center, 5344 Second Avenue.

Well-balanced group meals are served at the center to registered participants. Special diets can be accommodated.

Transportation services are also provided or coordinated through the senior center. Nonmedical transportation through OPT (Older Persons Transportation) provides transportation to local centers, for shopping, and other specialty trips. These offerings are augmented by senior program vans and chartered buses. Medical transportation services are coordinated through OPT to provide trips to doctors' offices and hospitals.

Information and referral service is available to direct seniors to important services available at city, county, state, and federal levels. Assistance is available for public benefit programs such as rental rebates, PACE (pharmaceutical assistance), LIHEAP (energy assistance), ACCESS (transportation assistance), VITA (tax assistance), Carrier Alert, and Medical Assistance Programs, and the City and County property tax relief programs. Call 412.422.6549 for more information.

Childcare Provider

Has all childcare clearances, available anytime. Infant to any age. In your Hazelwood home. Reasonable fees. Leave a message at 412.422.4605

FREE VACANT LOT:

1265 Square Feet
Steele Court
412.373.1966

FOR SALE: Four P22555R16 Goodyear Eagle RSA All Season tires. Driven 12,000 miles. Lots of tread. \$100 for all Four. Please call 412.461.7568.

FOR RENT:

One bedroom apartment with living room, kitchen, and bath. Laundry facilities. Nice back porch. \$350 + gas and electric. Call Sam at 412.421.4465

FOR RENT:

Two one bedroom apartments. \$475 plus gas. Gertrude Street. For more info call 412.292.8525

FOR SALE:

Bedroom Set - 1 dresser with 9 drawers and 2 large mirrors. Tier bed set with 6 drawers and 2 cabinets. Black laquer with gold trim. Dining Room Set - 1 table with 6 chairs. 1 china cabinet, 1 buffet. Black laquer with gold trim. Best Offer
Call Charles @ 412.969.7488

Are you an adult who is interested in becoming a Catholic? If so, St. Stephen Parish is inviting you to join our RCIA (Rite of Christian Initiation for Adults) group which will prepare you on your journey. Please contact Fr. Neil McCaulley for more information at 412-421-9210. **St. Stephen Parish** will begin religious education classes (CCD) for children in grades kindergarten to eighth grade who are baptized Catholic or interested in becoming Catholic. Parents wishing to register their children for Sunday morning classes which begin on September 16, 2007, at 9:30 may or contact St. Stephen Parish at 412-421-9210 for more information.

ST. STEPHEN PARISH
5115 SECOND AVENUE,
PITTSBURGH, PA 15207
Mark Your Calendars for
Our Upcoming Events
-October 6, 2007--**APPLE**
HARVEST FESTIVAL
3PM-8PM, School Hall
For more information call the
parish office 412-421-9210

The next Hazelwood Initiative General Membership meeting will be October 8, 2007, 6:30PM at the Carbam located at 5344 Second Avenue.

The Communications Committee will meet as needed the second Wednesday of every month at 6PM at the HI Office. Please call 412.421.7234 for more information.

The Planning Committee meets the first Tuesday of every month at 7PM at the HI Office.

Please join us for one, two or all of these meetings. For more information, please call 412.421.7234.

MAYOR
LUKE RAVENSTAHL'S
RESPONSE LINE
PITTSBURGH QUESTIONS
Call 3 1 1 COMMENTS
CONCERNS



A small group of thoughtful people could change the world. Indeed, it's the only thing that ever has. -- Margaret Mead

For more What's Up and other information concerning your community, see page 7.

Let Us Know What's Up
Contact Us with Information about Your
Community Group, Church, Friends & Neighbors

Hazelwood Homepage
5344 Second Ave.
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LEGISLATIVE UPDATES

Health-Care Reforms Advance in Pa.

State Rep. Dan Frankel

The high cost of health care continues to be a problem for household budgets and for our economy, as businesses and individuals struggle to pay premiums that rise faster than wages or overall inflation.

Recently, the nonpartisan Kaiser Family Foundation released its annual survey on the cost of health insurance. It speaks volumes that an average increase of 6.1 percent for one year – more than double the rate of general inflation – is reported as relatively “good” news. That increase is part of an unsustainable trend. According to Kaiser, the cost of health insurance premiums has gone up 78 percent since 2001, racing past a 19 percent increase in wages and 17 percent jump in inflation.

Those are major reasons why Gov. Ed Rendell and the new Democratic majority in the House pushed hard during the budget battle earlier this year to include health-care reform. We won some significant successes on health care that will help Pennsylvanians, including:

Reducing hospital-acquired infections, many of which are avoid-

able. This initiative, the most comprehensive of its kind in the nation, will require hospitals, nursing homes and other health-care facilities to track and report these infections and work to eliminate them through stricter procedures. Last year, Pennsylvania hospital infections led to nearly 2,500 deaths and more than \$3.5 billion in hospital charges.

Expanding the duties that several types of non-physician health-care providers can perform. New laws will allow nurses, advanced nurse practitioners, clinical nurse specialists, nurse midwives, physician assistants and dental hygienists to practice to the fullest extent of their training and skills. This will make it easier for patients to seek appropriate care where and when they need it.

These reforms will help to hold down costs for anyone who pays health insurance premiums. However, there are plenty of other health-care reforms for which the governor and House Democrats will be fighting as the legislative session resumes this fall. These proposed reforms include:

Making sure that everyone in the state has access to health insurance. Even with Pennsylvania’s Children’s Health Insurance Program, PACE Plus Medicare and adultBasic, hundreds of thousands of Pennsylvanians still lack coverage. Having everyone covered is the right thing to do, and it would help to hold down costs — uninsured people often wait until health problems become severe before seeking treatment, and everyone shares the burden of the higher, avoidable costs that result.

Creating the Jonas Salk Legacy Fund, which would directly support the advancement of Pennsylvania’s capacity in biotechnology, medical technology, pharmaceuticals, and research and development. This initiative could save lives and prevent suffering. I was proud to support this bill (H.B. 1142) when it passed the House in June, and I hope

that the Senate will soon send it to the governor’s desk.

Constituents in the 23rd Legislative District with state-related concerns or questions may call Rep. Dan Frankel’s office at 412-422-1774 or visit the office at 4225 Murray Ave. His Web site is www.pahouse.com/Frankel.



PennFuture Decries “Porkfest at Southpointe;” Leaders Demanding Nearly \$4 Billion Mon-Fayette Toll Road Ignore \$11 Billion Needed for Failing Bridges

Reprinted With Permission from Pennsylvania’s Future

Pittsburgh, PA (August 29, 2007) – Citizens for Pennsylvania’s Future (PennFuture) today condemned the “rally” of Allegheny County elected officials and others who lined up to demand completion of the nearly \$4 billion Mon-Fayette toll road, despite an \$11 billion crisis in Pennsylvania bridge and road maintenance that has already resulted in bridge closings; weight and traffic restrictions; and the 2005 collapse of an I-70 bridge previously identified as structurally deficient. These demands were delivered at the biennial State Transportation Commission regional hearing, held – far from the communities that would be destroyed by the Mon-Fayette – at the Southpointe Hilton Garden Inn in Canonsburg, Washington County, which is inaccessible by public transportation. The

hearing is intended to examine all transportation needs statewide.

This “Porkfest at Southpointe” shows the failure of local leaders to clearly prioritize the safety, security and economy of Pennsylvania above all. Instead, this spectacle shows them indulging in wishful thinking and pie-in-the-sky planning.

But which of the 214 bridges in Allegheny County – one in eight statewide – that are in such disrepair that they qualify for total replacement will these leaders be willing to risk their constituents’ lives on to build the Mon-Fayette boondoggle? How sure are these elected or self-appointed leaders that these risky bridges will remain safe and usable? Which of the men testifying today is willing to have his name placed on the structurally deficient ramp connecting Routes

837, 885 and Carson Street, which holds the same rating as the collapsed I-70 bridge did? Who wants to place his name on the structurally deficient ramp that carries tens of thousands of cars daily from the Fort Duquesne Bridge into downtown via the Fort Duquesne Boulevard – similar to the infamous I-35 W bridge that collapsed during rush hour earlier this month? Are these men, replacing logic with passion in their support of the Mon-Fayette, willing to have their names be the ones connected with a sudden deadly collapse due to our inability to maintain the roads and bridges we have?

Now is the time for political courage and real leadership. The Mon-Fayette toll road is an extravagance we cannot afford and do not need, and it is destroying the communities

in its proposed path. We have an unprecedented transportation crisis, with our existing roads and bridges in danger of collapse and that’s where our focus and funding should be placed.



Call For Nominations For Hazelwood Initiative Board Member Nominations

Kelli D. Herd

Final board nominations will be held at the Hazelwood Initiative General Membership Meeting to November 13, 2007. Board elections will take place at the December General Membership Meeting. Below is a list of board member requirements and duties. If you would like to nominate someone please contact Matt Smutts at 412.422.2467.

Please consider the following in your nominations.

- All members-in-good-standing of the General Membership shall serve as a forum for community issues and provide general guidance to the Board of Directors of the organization. Members-in-good-standing have the right to vote on the amendment or repeal of

these by-laws as well as the election of Board of Directors at the annual meeting of the membership.

- The Board of Directors shall have general powers to control and manage the affairs and property of the corporation in accordance with the purposes and limitations set forth in the Articles of Incorporation. The number of directors constituting the entire Board after the first annual meeting of the Board of Directors shall be five to fifteen (5-15) Directors, but in no event shall the entire Board consist of less than five (5) Directors. Each Director shall be at least eighteen (18) years of age.

- The initial directors shall be the persons named in the Articles of Incorporation plus one to two (1-2 additional Directors). They shall hold office for two year terms, and shall serve until the second annual meeting of the Board of Directors; provided, how-

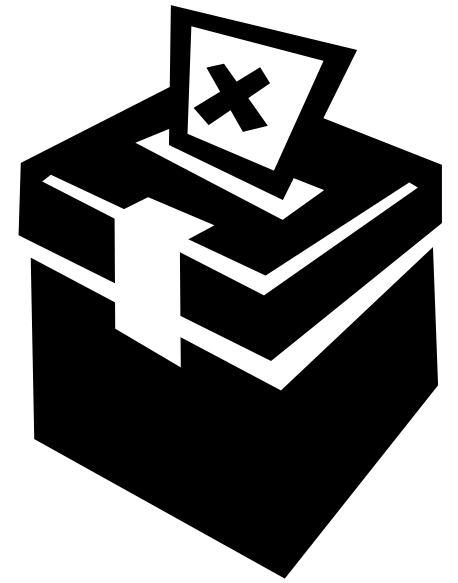
ever, that any Director elected to fill an unexpired term (whether resulting from the death, resignation or removal or created by an increase in the number of Directors) shall hold office until the next election of Directors. Directors may be elected to any number of consecutive terms. To be eligible for Directorship, an individual must:

- **Pay dues on or before the November meeting date.**

- **Be active in at least one standing committee.**

To become a Director, a person shall be nominated by a then existing Director or Member and elected by a majority of the Board. From three (3) to five (5) positions on the Board shall always be filled by members-in-good-standing from the

general membership. Elections for positions on the Board of directors shall be held every year at the annual meeting.



Neighborhood Resources City Departments

Bureau of Building Inspection - BBI...412-255-2184

Report dangerous abandoned houses here.

Public Works...412-622-6904

Report broken sidewalks and steps, potholes, abandoned cars, illegal dumping and general garbage-y conditions at this number.

Pittsburgh Water and Sewer Authority...412-255-2409

Broken sewers and water main breaks - report 'em here!

Mayor's Service Center...412-255-2621

Not sure where to report a problem, call here! They'll direct your complaint to the appropriate city department.

Local Elected Officials

Mayor Luke Ravenstahl...412-255-2694

Councilman Doug Shields...412-255-8965

County Councilman Rich Fitzgerald...412-350-6575

State Representative Dan Frankel...412-422-1774

Non Profits/Public Agencies

Hazelwood-Glenwood-Glen Hazel Council, Inc., Car barn, Second Avenue...412-521-8000

Primary Care Health Services, 5000 Second Avenue...412-422-9520

Citiparks Senior Center, Car barn, Second Avenue...412-422-6549

YMCA, 4713 Chatsworth Avenue...412-421-5648

Glen Hazel Citizens Council, 4831 Second Avenue...412-422-4727

Greater Hazelwood Development Inc., 4800 Second Avenue

HI Hope, 5001 Second Avenue...412-422-0690

Brain Development and Its Impact on Learning (Part II)

Rose Velgich

As I stated in last month's column, parents, schools, community and government have a responsibility for educating our youth. If any one of these supports fails to promote learning, then there is potential for a child to fail academically. Failure can also be a combination between the home and school environment and community.

If a child enters school with a degree of readiness skills, and they begin to fail academically, then one may want to look at school environment, curriculum and services. Of course, this is contingent upon the child not diagnosed with a learning disability. This month's article focuses on how a school environment affects the brain and learning.

As stated in last month's column, we know that early brain development is critical, but what happens after that? Once a child has had meaningful early experiences that contributed to healthy brain development, brain development ceases. Right? Not true. According to Eric Jenson, in the book *Teaching with the Brain in Mind (1998)*, teachers can continue and even improve brain development. However, there are things that teachers need to be aware of in order for this to occur. Jenson recommends that teachers remove threats from the classroom. Those threats can include embarrassment, finger pointing, unrealistic deadlines, and humiliation – I think you have the idea. He goes on to say

that teachers need to provide an environment that is endlessly enriching. He addresses the areas of reading and language, motor stimulation, thinking and problem solving, arts and having a classroom that incorporates challenges as well as feedback to the students. He gives ideas to teachers that will enable them to have "a significant moral and ethical responsibility for enhancing or limiting the lifetime potential of a human being" (p. 40).

As parents and caregivers, you must ask yourself if your child is in an environment that is stimulating and fosters a desire to learn. Does your child's learning environment promote reading, math, science and social studies? Are children engaged in activities that are free of stress and promote peer interaction,

participation, thinking, and problem solving? If you don't know, talk to your child and visit the classroom. Ask the teacher(s) what methods they use to teach in the classroom. Are they using all the senses when introducing new concepts that will address the different learning styles, yet activate the brain and stimulate it for learning?

Regardless of the reason, parents and schools must find out why their child is not succeeding and address it immediately. As a parent or caregiver, you may want to read Jenson's book. It is extremely informative and reader friendly for those of us who are not neurosurgeons!

The greatest discovery of my generation is that man can alter his life simply by altering his attitude of mind. *William James, American philosopher and psychologist*

Events this Month at Carnegie Library

Sara Dora



Homework Help

Every weekday after school
All ages

Come to the library after school for help with research for paper writing or with difficult homework assignments. Also check out our display of useful books to help you complete the Pittsburgh Public Schools Science Calendar assignments.

Storytime Fun for Toddlers and Preschoolers

Tuesdays and Thursdays in October at 10:00 a.m.
Ages 2-6 with a grown up

Come and join us for special stories, songs, puppets and fingerplays.

KinderPrep

Tuesday, October 16 at 10:00 a.m. and 11:00 a.m.
Thursday, October 18 at 10:00 a.m. and 11:00 a.m.

Ages 4-6 with a grown up
KinderPrep is designed to help parents and educators prepare their children to meet the PA Early Learning Standards that educators observe/evaluate for each child entering kindergarten.

Arts and Crafts

Saturday, October 20 at 1:00 p.m.
Age 13 and up

Use glitter, special types of paper, paint and other materials to create a beautiful representation of the poems you love or the words that inspire you.

Halloween Storytime and Craft

Saturday, October 27 at 11:00 a.m.
Ages 2-6 with a grown up

Come and join us for special Halloween stories, songs and fingerplays.

Howling Halloween Party

Saturday, October 27 at 2:00 p.m.
Age 12 and under

Tricks and treats, games and surprises (including some not-so-scary stories) are in store for all. Feel free to come in costume!

Staying Active

Jess Eads

Hazelwood Steeple Chase 5K Run and Walk

Hazelwood
October 6, 2007, 9 AM
Starts at 5550 Second Avenue (Kerotest Building)
Race Day Registration begins at 8AM
Register online at www.signmeup.com or www.hazelwoodhomepage.com
Call 412.421.7234



Fall Classic

October 7, 2007
Highland Park (Swimming Pool)
Time: 10:00 A.M.
Distances: 10K / 5K / 2 Mile
Race Director Ron Hannan
(412) 276-1800

Race for Pace 5K Run/Walk

October 13, 2007, 9AM
Location: Pace School- Pittsburgh (Churchill Borough), PA
Distance: 5K
Address: 2432 Greensburg Pike

9th Annual World Run Day

Sunday, November 11, 2007, 9 AM
Pittsburgh area and vicinity
Pittsburgh, PA 15201
www.runday.com

CRY Pittsburgh Walk for Child Rights 2007

Sunday, October 28, 2007, 10:00 AM
Highland Park Trail
N. Highland Ave & Reservoir Drive
Pittsburgh, PA 15206
www.america.cry.org

Step Trek

Sunday, October 14, 2007, 12:00 PM
Josephine and 21st Streets
UPMC South Side Hospital Parking
Pittsburgh, PA 15203

The Washington Boulevard Cycling Track

It's a half-mile oval loop along Washington Boulevard with banked corners and a slight hill. The track's flat interior surface is the perfect place for kids to learn to inline skate or ride bikes or scooter.

WALKING

Year-round
West Penn Park, Polish Hill, Schenley Park Oval
For information: 412-255-2539

SKATEBOARDING

Year-round
Citiparks Skate Parks
McKinley Park, Beltzhoover West Penn Park, Polish Hill Tuxedo Street, Sheraden
For information: 412-255-2539

PITTSBURGH SPORTS LEAGUE

Year-round adult co-ed sports, including basketball, kickball, volleyball, softball. Various city locations.
412-338-2133 or www.pump.org

What's Up continued

The Meals on Wheels program in Hazelwood is always looking for volunteers for substitute drivers, delivery and kitchen help. If you are interested or know of anyone interested, please call 412.521.2330.

Shared Grief is Diminished Grief

Grief Support Group Meeting

1st Tuesday of each month
at the First Hungarian
Reformed Church Hall
221 Johnston Avenue at 7 PM
All are welcome.

For more information,
please call 412-421-1165
Sponsored by
Sauvageot Funeral Home
Metropolitan Cremation Service

COME WORSHIP AND BE INSPIRED

BY

The Church of the Good Shepherd
Located at
Second and Johnston Avenue

Traditional Mass: Sundays at 10 AM
Praise and Worship: Sundays at 1 PM

An Episcopal Church

"If a profound gulf separates my neighbor's belief from mine, there is always the golden bridge of tolerance"



Hazelwood Homepage Needs YOU!!!

If you've ever dreamed of seeing your writing published or if you simply have something you want others to read, give us a call or email us at hazelwoodeditor@yahoo.com. Who knows this may be the first step to a serious career in journalism. Please call Kelli at 412.421.7234 for submission guidelines. The next deadline for article submissions is September 21, 2007.

Events In and Around Pittsburgh

Forward Lanes Bowling

5844 Forward Avenue
Squirrel Hill, PA
412-422-5844

Forward Lanes is consistently rated among the top Bowling Alleys in the western Pennsylvania region. And not only that, it does it all for the absolute lowest prices! Not only are the everyday bowling prices lower than the competition, but we also have numerous discounted bowling nights and specials. www.forwardlanes.net

Sneaker Bash benefiting Girls on the Run at Magee-Women's Hospital

Friday, November 2, 2007 at 6 PM
The Firehouse Lounge
2216 Penn Avenue
Pittsburgh, PA 15222,
www.girlsontherun.magee.edu

South Side Works Cinema

Every Monday movie tickets are just \$5 each and you get a FREE 32oz. popcorn

Sundays in the Park

The Pittsburgh Parks Conservancy presents free jazz concerts every Sunday through October at the Schenley Park Visitor Center from 12:30 to 3:30pm. Enjoy a cool drink from the Schenley Park Cafe while relaxing on the tented patio. For more information and a schedule of performers, visit www.pittsburghparks.org.

Union Project Block Party

10-09-07 to 10-09-07

801 N. Negley Avenue 412.363.4550

Come to the Union Project for family and community fun! \$5 for dinner and family entertainment. Check out www.unionproject.org/blockparty or call 412.363.4550 for more info. www.unionproject.org/blockparty

Spaghetti Dinner

Saturday, October 13, 2007 4 PM to 7 PM

Mary S. Brown Memorial -Ames

United Methodist Church

3424 Beechwood Blvd.

Pittsburgh, PA 15217

412.421.4431

Email: revjimmsba@gmail.com

Sunday Morning Worship Service 10 AM

Lower level Fellowship Hall



Hazelwood Halloween

Safe Gazebo

A Scary Neighborhood Event
At the Corner of Second and
Johnston Avenues

Wednesday, October 31

5:30 p.m. to 7:00 p.m.

Come for free bagged treats and
to meet some frightening local
Characters!!

for Ages 10 & under

Call Hazelwood Initiative Inc.

412.421.7234

HAZELWOOD STEEPLE CHASE



2007 5K RUN AND WALK

OCT O B E R 6, 2007

This year's race promises to be the best ever!!
We have collaborated with the
Church of the Good Shepherd
and
St. Stephen's Parish
for one BIG community day for all!!

The race will begin at 9AM and
end at approximately 11AM.
Church of the Good Shepherd will hold its
Health Fair from 11AM to 3PM
and the
St. Stephen's Apple Harvest Festival
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On Saturday, October 6, 2007
The Church of the Good Shepherd
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The Hazelwood Initiative
Presents

The Good Shepherd 8th Annual Community Health Fair



This year's Health Fair will offer various screenings, flu shots, lead testing for kids, osteoporosis screening, hearing tests, information booths, giveaways and much more!! Gently used clothing will also be distributed!

The Health Fair will take place from 11 AM until 3 PM at the Church of the Good Shepherd located at Second and Johnston Avenue.

The fair immediately follows the Hazelwood Steeple Chase 5K Run and Walk, which begins at 9 AM at the Kerotest Building located at 5500 Second Avenue in Hazelwood.

The Church of the Good Shepherd
Second and Johnston Avenue
Hazelwood, PA 15207 - Phone: 412.421-8947

For more information, please contact
Christine Botti: 412.421.8497 or
Kelli Herd: 412.421.7234

Participants Include:

- ◆ American Lung Association
- ◆ Three Rivers Adoption
- ◆ UPMC Cancer Center - Center for Minority Health
- ◆ Pittsburgh Bureau of Fire
- ◆ Health Hope Network
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- ◆ Envirotech
- ◆ Magee Women's Hospital
- ◆ Pittsburgh Poison Center
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- ◆ Fleming Insurance & Financial Services
- ◆ Alliance for Infants & Children
- ◆ Pgh Aids Task Force
- ◆ Allegheny Country Health

Department—Lead Testing

Hazelwood Initiative Inc.
5344 Second Avenue
Pittsburgh, PA 15207
Phone: 412.421.7234
Fax: 412.421.7234

Ask The Pharmacist Health Maintenance Programs

Dave Hairhoger



Hazelwood Homepage Reporter (HHR)- Dave, tell us about these exciting programs.

Dave Hairhoger (DH)- Community Drug is launching two new health programs. One deals with immunizations and the other provides guidance and support for diabetic patients.

HHR- Let's start with the immunization program. What's it all about?

DH- Most adults know that all children need a series of immunizations or shots in order to keep them from getting a number of childhood diseases such as polio, measles, and mumps to name a few. However, few adults realize that they also need to get immunizations in order to stay healthy.

HHR- Are you saying that adults can now get these necessary immunizations at Community Drug?

DH- Yes. The State of Pennsylvania's Board of

Pharmacy has recently approved a program by which specially trained and certified neighborhood pharmacist can administer a variety of vaccines to adults.

HHR- Is this a new program?

DH- It's new for Pennsylvania. However, over 40 states have had the program in place for a number of years.

HHR- How did you get certified to give the immunizations?

DH- First, I took an extensive training program given by the Duquesne University School of Pharmacy and then I took a test.

HHR- Did you pass?

DH- I got an A plus.

HHR- And they say that you can't teach an old dog new tricks. Did you have to do anything else?

DH- I then took an 8 hour course in CPR.

HHR- Why did you have to do that?

DH- Just in case someone has a reaction to an immunization, which is a very rare event.

However, just like a doctor, you have to be prepared for all things.

HHR- Well, you not competing with the doctors are you?

DH- No. Community Drug is just trying to make sure that every adult in the community gets all of the immunizations that they need. And this program makes that process easier and user friendly.

HHR- What do you mean?

DH- All someone needs to do is to walk into Community Drug and request a particular immunization or to find out what immunizations they need. In the vast majority of cases, I can give the needed immunization to them at that time. However, people can make an appointment to receive their immunization in order to be sure that I will be in the store.

HHR- So it's like one-stop shopping?

DH- Well, I like to call it "ONE-SHOT SHOPPING".

This article is the first in a series of articles dealing with two new and innovative health maintenance programs that are being introduced to Greenfield and surrounding communities.

Hazelwood Homepage and Dave Hairhoger, owner and Chief Pharmacist of the Community Drug store and the Hazelwood Homepage got together to talk about these programs.



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Specialized Care a Success at Glen Hazel

Sean Collier

Robert Yanosick has a tendency to laugh when he gets excited. It's his way of letting you know that he's happy to be where he is, and that he's glad you're there with him. Having spent close to forty years living independently after being born with cerebral palsy and mild mental retardation, Robert has now made himself a popular and happy member of the community at Kane Care's Glen Hazel facility. Take a few moments to talk to him, and you'll hear that laugh more than once.

The youngest of ten children, Robert is quick to mention a num-

ber of people who helped him gain his independence as an adult. His family home schooled him as a child, with help from the sisters of St. Matthew's Church. His nephew, Joseph "Skip" Schmotzer, taught him to walk as a teenager. At the age of 16, he began rehabilitation at the Easter Seals center of Pittsburgh, where he developed a love of weaving and craftwork.

Soon thereafter, he began living a mostly independent life, rooming with one of his sisters, Bertha Yanosick. He found time to repay the Easter Seals and then



Marian Schmotzer and Robert Yanosick

some; for 35 years, he delivered downtown mail for them. His sister, Marian Schmotzer, says he "knew every street of downtown" during his time volunteering.

A few years after Bertha's death, Robert made the move to Kane, with happy results. "[The Kane staff] has been very good with him, with his therapy," Marian says. One of his fa-

vorite staff members, Betty Tate, CNA, agrees. "He's getting stronger and stronger each and every day with the help of the Kane staff," she says. "He's progressing well."

Robert has one of the most carefully decorated rooms in the building; he maintains a thriving flower garden near his window, as well as a collection of ceramics he's made. When he's not tending to his space, he can be found enjoying some of Kane's many activities and resources. He is a living testament to Kane's ability to accommodate a wide variety of residents with a wide variety of needs. Robert's family concurs. "They've been very, very good to him," Marion says happily.

Tony Cillo Inducted Into Point Park University Hall of Fame

Ted Cillo

Former Hazelwood resident Tony Cillo and the 1986 Point Park Baseball Team will be formally inducted on October 20, 2007, into the Point Park University Sports Hall of Fame at Point Park University. In Tony's junior and senior years, the baseball team finished 3rd overall in the NAIA College World Series in Lewiston, Idaho.

Tony is the son of Joan Reagan Cillo and the late Ted Cillo Senior and brother of Hazelwood Homepage Fisherman Ted Cillo. Tony wants to thank Mr. Homer Hamilton, his coach in his early years in Hazelwood. He had a major influence on Tony's baseball career. Congratulations Tony!



Local Churches



St. Stephen Parish
412-421-9210

Church of the Good Shepherd
412-421-8497

Keystone Church of Hazelwood
412-521-3468

First Hungarian Reformed
Church of Pittsburgh
412-421-0279

St. Paul's Lutheran
412-521-0844

Hazelwood Christian Church
412-421-9908

Morningstar Baptist Church
412-421-6269

St. John The Evangelist Baptist
Church 412-521-0994

Hazelwood Presbyterian Church
412-421-0947

Church of the Good Shepherd
412-421-8497

Gtr. Pittsburgh Fountain of Life
412-422-4322

Oasis Ministries Church of God
in Christ 412-422-2588

Gtr. New Hope Baptist Church
5401 Second Avenue

Hazelwood YMCA Senior Dance

Saturday, October 20, 2007
6:00 PM to 10:00 PM

Hazelwood YMCA
4713 Chatsworth Avenue
Pittsburgh, PA 15207
412.421.5648



Ted's Fishing Report

Ted Cillo

Fall is a great time for being outdoors, pursuing your favorite activities. Fall fishing is a great outdoor activity. As cooler days loom ahead, the fish go on a feeding frenzy, anticipating winter.

Natural baits will work best for hooking your catch. The *bait fish* are particularly good and they readily found in the waters where you plan to fish. These bait fish can be caught with minnow sieve traps and throw nets. Always check your rule book.

Artificials can be productive too. Pick ones that resemble the *bait fish*. Jigs and tubes are a good choice too. Happy Fishing!



It's unlikely that there is a better all-around fall river bait than a tube jig.

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Letters to the Editor

Dear Editor,

With the world in the condition it is in and the apparent soon coming of the Lord, I found it hard to believe that so few parents were at Unity Days, supporting the children and the neighborhood on September 7. It was almost like the previous years of midget league football when the parent support seemed invisible. Doesn't anyone care about the children or the generations of children coming behind them? How are we teaching them to support, when we fail to support them now? We see how bad things are in the Black communities, yet we do nothing to change the way things are. We see how the Black male's image is surely diminishing, yet we fail to teach our young men how to be a positive image moving forward not back. We accept young girls prostituting themselves in the clothes they wear, the things they say and the actions they make. What mother is not ashamed of how our *Nubian Queens* look nowadays? Our future generation is going in the wrong direction and no one seems to care.

Why aren't we challenging our children to be better? It doesn't take much to do this. Just tell them you love them and teach them to do the right thing in life. Tell them to be nice to one another, seek peace not war. There is no need for a fight to break out at every event they attend. Tell them to help someone each day, not hinder him or her. Tell them to be positive leaders and not negative followers. Then SHOW THEM how it is done. Be the parents and the leaders they need, not their best friend. Stand by them, right by their side at community events and at church. *Don't just send them, take them, and be with them.* Show them how it's done!

Stand up and raise your own child. Be accountable for his or her well-being and not their demise. There is still time to save the generations, but we must act fast. No more of this staying at home on our comfy couches or our secure porches. Get up, get out in the communities, and make an impact for your child and for your race. Stop being Satan's puppets, watching your children go to hell. Fight the principality of evil and laziness that hovers over our community. Stand up and do the right thing. Parents fight for your child's life by participating in it and not just observing from afar.

*Diane Murray
A Concerned Black Mom*

Dear Editor,

I've had it with people complaining, saying they need things, talking about how much they could do if they only had...(You fill in the blanks). Everybody plays the "blame game"...well it's all their fault, you know, the bums who don't want to work; the junkies who make us all have to hide inside at night; the prostitutes spreading all these diseases;...or no, it's the hard-ass business people who want you to work all day and night for peanuts and no benefits;...or these daggone politicians who make near everything against the law; or the police who can't get at the really bad guys so they pick on the little bad guys.

Speaking of little and big bad guys, with billions of dollars monthly going down ratholes like Halliburton, did you catch the great muckraking expose of the Ship of Zion transportation project in that right-wing big business mouthpiece the Tribune-Review? Well, it seems that riders other than those going to work have been getting on the Ship. Some have used this transportation service to get to doctor's appointments, the grocery store, the hairdresser, and to and from illegal activities such as prostitution and drug dealing...Well, I for one am surprised, but not that this is going on, but that people don't realize that it also goes on in cars, buses, trucks, trolleys, boats, and airplanes. Why would a free bus service be singled out for criticism of wasting the tax payers money because some use it to do stupid things, when ALL modes of transportation are subsidized by the taxpayer one way or another?

We the people pay for roads, we pay the oil companies under the radar of public observation so that they can turn around and obstruct any chance at cooperative transportation which cuts into their profits. Am I the only one with the eerie feeling that millions of cars on the road with one driver and no passenger is unnatural?

Who made the situation like this? It was in part the concerted effort to destroy our country's efficient trolleys and buses. Low and silly as it sounds, yes it is true that, God help you, if you try to do anything positive like get the poor and elderly back and forth to the grocery store or doctor's office - the next thing you know they trash you for also (accidentally) giving rides to drug dealers and prostitutes.

Well, let me ask something, who's not a (explicative deleted) in this country when we let our leaders treat us like (explicative deleted) while lying us into a war to have us make slaves of other countries? And there's no exaggeration in my use of the word slavery, we've done it, we continue to do it now, and it's just as ugly as it was 150 years ago. The faces have changed, but the descendants continue to inherit the privileged and underprivileged situations.

The beat goes on, but it will never get better until everybody gets on board to share things like transportation. This most crucial time in history is going to destroy our civilization unless we learn loving cooperation rather than condemnation and being "efficient" by labeling some - prostitutes and drug dealers - as problems. They are not problems, they are people with problems.

*Jim McCue
Hazelwood Resident*

Dear Editor,

Thanksgiving will soon be here. I guess we are all thankful for something. I am not of a wealthy family. My ancestors probably didn't have much. I was taught that at the first Thanksgiving the Indians showed the Pilgrims how God's love is in all of us. Because of our friends, the Indian Nation and all their different tribes, the Pilgrims were able to have a bountiful meal that first Thanksgiving. Sharing our food with others and being at peace with one another is, for me, what God's Word is all about. You may never know that when you invite someone to Thanksgiving dinner, or at any other time, just how special the invitation may be. Maybe that person or persons you invite will feel special because you thought to include them in your family on such a special day as Thanksgiving. Maybe that person might have nothing to eat or have no family or some other reason unknown to you.

As a child, I was taught that kindness to another can make miracles happen. A kind act, like asking someone to join you for Thanksgiving Dinner, can make one feel like his or her life is worth living. Everyone needs

someone to care about him or her. I was taught by example it is a wonderful experience to share and ask for nothing in return.

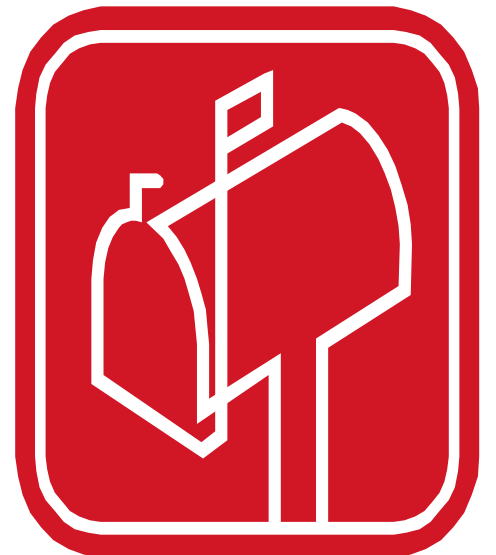
Thanksgiving to me means to give thanks to God for all He has given us. Thanksgiving Day, once again, I will give thanks to God, for all my blessings and for being here one more day. He has given me food on my table, my children, grandchildren, my health and all that I need to stay alive. I too am thankful for wonderful and helpful people in this town. I am thankful that God gets me through each day. But most of all, I am thankful for being so blessed with my family who love, respect and cherish me for who I am. They are always there for me as I am here for them. I am also grateful for my friends.

Lastly, on Thanksgiving Day, I will be thankful for, God willing, turkey, stuffing, gravy, cranberries, and everything else that goes with Thanksgiving dinner. And don't forget the pumpkin pie.

*Mary Ann Tomasic
Hazelwood Resident*

The views and opinions expressed in *Letters to the Editor* section of the Hazelwood Homepage are those of the authors and do not necessarily reflect the views and opinions of the Hazelwood Initiative and its sponsors.

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Secure units at Kane Glen Hazel Serving Community Niche

Shawn Piatek

Before the Glen Haven secure unit opened five years ago at John J. Kane Regional's Glen Hazel Center, resources were scarce to properly serve patients with psychological and behavioral needs in Allegheny County.

The need for such care was so strong that Kane opened a second secure treatment unit, Glen Harbor, two years ago also at the Glen Hazel site. Since their opening, the two centers have treated hundreds of residents who suffer from Dementia, Alzheimer's disease and other conditions that result in memory loss or mental confusion with possible added components of behavioral issues.

"There are very few dementia units in the area," said Judy Fockler, social services supervisor at John J. Kane Regional's Glen Hazel Center. "We are offering a rather scarce resource, and we try hard to accommodate everyone as long as we know we can meet their needs."

What sets the secure units apart from Kane's average resident areas is their safety and specialized care.

Residents who admitted to Glen Haven or Glen Harbor suffer from such difficult behavioral and physical conditions that they require specialized care. The environment on these units is in place to keep residents safe. Additionally, the staff spends time with the residents' families to educate them about the unit, the type of care provided and why it is necessary for their loved one. This provides the family with important understanding and peace of mind with these units.

"The families are usually the ones who are reporting to us about the types of behaviors that may make the secure units the best option for care," said Dr. Lalith Kumar Solai, psychiatrist for both closed units.

"For instance, if mom is wandering and doesn't know how to get home or doesn't clothe herself properly in the cold, she could be putting herself at risk. Family members usually are aware of the dangers and understand the need for secure care. It is very rare that fami-

lies protest or have a misunderstanding when we place a patient in a secure unit."

The staff on the two units also makes a major difference in the level of care for residents in Glen Haven and Glen Harbor. Dr. Solai said the difference between the staff on the closed units and elsewhere is they receive specialized training to deal with the unique issues posed by the unique needs of the individuals that reside on these units.

"The staff members are all trained in basic care requirements, but we also provide specific training sessions depending upon the type of conditions we are seeing," Dr. Solai said. "For instance, we had a lot of people at one time who had come in with drug abuse problems so we put the staff through specific training for caring for those fighting drug abuses and the specific issues and challenges that brings."

Fockler said for many residents dealing with terminal conditions such as dementia and Alzheimer's, the secure units will serve as their home for the remainder of their

lives. But that isn't the case for all patients who enter the units.

In some cases, a resident's conditions are only temporary and they are addressed in a more rehabilitative manner. Those residents, in time, will leave the secure unit and be placed into less intensive care situations.

"We have had some folks that their condition stabilized and adequate community resources can be found that allows them to be returned to a lesser level of care," Fockler said. "Sometimes that means moving someone into one of the regular units, sometimes it means they can be placed into personal care and some have even been able to return to their home."

For more information, contact Shawn Piatek of Massolutions at shawn@massolutions.biz or 412.512.0915.

Advice For Caregivers

Theresa Chalich, RN

I was looking through books that written by former President Jimmy Carter and discovered that his wife, Rosalynn, wrote a book for caregivers. She wrote the book *Helping Yourself Help Others: A Book for Caregivers* in the 1990s after caring for her father and grandfather. Reading her book, I thought that her advice would be good to share with you. Since the book was written in the 1990s, it does not list web sites and addresses. It does include however, an extensive list of helpful organizations and other resources that may be of help to you.

We hear a lot about the sandwich generation. This generation cares for both children and parents. Women are the majority of care providers. For some people, becoming a caregiver can happen overnight. All of a sudden, you have to deal with the complexities of your loved one's care. By educating and preparing yourself, you can improve your ability to carry out your role. The more information that you have, the more comfortable you will be in making decisions.

Educate Yourself

Ask your loved one's professional care providers. Ask to sit in on the diagnosis and treatment team meetings. Remember that you are a key player on this team. Inquire about the disease, its short term or long-term course, the medications and their side effects. Bring written questions and take notes during the meeting. We all think that we will remember what is said,

but there is so much being said at one time. Ask the providers what you should read and what materials are available. Ask for their help!

Use a support group.

There are support groups for most problems. People can help you deal with your caring needs because many have been where you are now. They will know about lift equipment, tube feedings, wound care, and discounted material. We can prevent social isolation by spending time with other caregivers. If you cannot get out of the house, get in touch with your peers by phone or e-mail.

Contact a national organization

The national organizations have written materials and web sites that explain the illness and its treatments. You can go on line to find one. Alternatively, you can call the national toll-free 800-number information line: 1-800-555-1212.

Check your hospital

Many hospitals have programs such as a stroke club or groups for organ transplant patients. If your hospital or clinic does not have one, ask the head nurse or social worker to start one. Nurses and social workers are good resources for information about home care. They can help you to arrange for in-home nursing services. Hospitals and clinics may also offer seminars on home care to inpatients who are about to be discharged and for members who will be caring for them. As we all know, the reason that many of us become caregivers is because our loved

ones are being discharged from the hospital earlier than in the past. And they are coming out with the need for more complex care and treatment. This is why we need to educate ourselves as quickly as possible. I am sure that many of us have been in situations where we really needed to be advocate for the care of a loved one when they were in the hospital. We needed to be alert and to ask questions. This advocacy needs to extend to the home.

Avoid Burnout

Respite for yourself

What is respite? It simply means getting a break from your caregiver responsibilities for a few hours or a few days. When you begin your caregiver role, ask the hospital staff and your peer group where you can go for a break. Housekeepers, home health attendants, visiting nurses, or even someone from your place of worship can assist you. There are adult day care centers for your loved one to attend. There they will receive meals, therapy, and participate in social activities. Sometimes all you need to do is to go for a walk or to sit on a park bench.

Other Helpful Strategies

Listen to your friends

Your friends will know if your behavior or mood are changing. The first step to resolve burnout is to recog-

nize that you are getting burnt out. Ask for help!

Let go

No one person can do it all. Allow others to help you by delegating tasks and learning how to say no once in a while. Let your friends help you to prioritize your responsibilities and to help you learn how to manage your time. It really does help you to examine your caregiving role when you can allow advice and feedback from others. You can get so caught up in wanting the best care for our loved one and in worrying about them that it is so easy to forget about yourself.

Other Techniques to Avoid Burnout

Focus on your loved one's strengths.
Learn relaxation techniques
Take care of your health
Maintain (try to) a life outside your caregiving role.
Rely on your sense of humor.
Appreciate the benefits of leisure time.
Appreciate your own efforts: Thank yourself
Seek spiritual renewal.

If you are a caregiver or know of someone who needs care, I hope that this article is helpful and I wish you the best.

Reference: *Helping Yourself Help Others: A Book for Caregivers*. Rosalynn Carter with Susan K. Golant. Times Books, New York. 1994.

Hazelwood Initiative, Inc.

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Charles Morris	Kane	Roselle Court	HI Hope	Goodwill	Wharton Square
6:00am	6:11	6:12	6:14	6:23	6:27
7:05	7:11	7:12	7:14	7:23	7:27
8:00	8:11	8:12	8:14	8:23	8:27
9:00	9:11	9:12	9:14	9:23	9:27
10:00	10:11	10:12	10:14	10:23	10:27
11:30	11:41	11:42	11:44	11:53	11:57
12:30	12:41	12:42	12:44	12:53	12:57
1:30	1:41	1:42	1:44	1:53	1:57
2:30	2:41	2:42	2:44	2:53	2:57
3:30	3:41	3:42	3:44	3:53	3:57
4:30	4:41	4:42	4:44	4:53	4:57

Ship Of Zion Evening Schedule					
5:53	6:04	6:05	6:07	6:16	6:20
7:41	7:52	7:53	7:55	8:04	8:08
9:22	9:33	9:34	9:35	9:45	9:49

Saturday Schedule					
8:20	8:32	8:33	8:35	8:44	8:48
10:00	10:12	10:13	10:15	10:24	10:28
11:40	11:52	11:53	11:55	12:04	12:08
1:20	1:32	1:33	1:35	1:44	1:48
3:00	3:12	3:13	3:15	3:24	3:28
4:40	4:52	4:53	4:55	5:04	5:08

Monday to Friday From Wharton Square to Hazelwood and Squirrel Hill					
Wharton Square	Goodwill	HI Hope	Roselle Court	Kane	Charles Morris
6:27	6:31	6:41	6:43	6:44	6:52
7:27	7:31	7:41	7:43	7:44	7:52
8:27	8:31	8:41	8:43	8:44	8:52
9:27	9:31	9:41	9:43	9:44	9:52
10:27	10:31	10:41	10:43	10:44	10:52
11:57	12:01	12:11	12:13	12:14	12:22
12:57	1:01	1:11	1:13	1:14	1:22
1:57	2:01	2:11	2:13	2:14	2:22
2:57	3:01	3:11	3:13	3:14	3:22
3:57	4:01	4:11	4:13	4:14	4:22
4:57	5:01	5:11	5:13	5:14	5:22

Ship Of Zion Evening Schedule					
7:09	7:13	7:22	7:24	7:25	7:37
8:54	8:58	9:07	9:09	9:10	9:22

Saturday Schedule					
7:45	7:54	8:05	8:07	8:08	8:20
9:25	9:34	9:45	9:47	9:48	10:00
11:05	11:14	11:25	11:27	11:28	11:40
12:45	12:54	1:05	1:07	1:08	1:20
2:25	2:36	2:45	2:47	2:48	3:00
4:05	4:14	4:25	4:27	4:28	4:40

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